

Eastwood Park FOCUS

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Liberal Democrats



SPECIAL
COVID SUPPORT
ISSUE

ALWAYS WORKING FOR YOU IN EASTWOOD PARK

No.1 / 2021

FROM YOUR COUNCILLOR'S DESK

Dear Neighbour – These are difficult times and I wanted this Special COVID FOCUS to reach as many Eastwood residents as possible. This FOCUS concentrates on sharing COVID information and contact details on the reverse – please keep it safe for use if you or your family and friends need support. This issue is being published mainly online; please do share with others but – like us – follow all the COVID Secure principles.

I am one of 49 Councillors that are here for you across Southend; my contact details are on the next page. Find all other Councillor details at www.southend.gov.uk/ – search for 'Your Councillors'. I also want to sincerely thank all our Key Workers, from NHS Staff to Carers, teachers, shop workers, utility workers and our Council staff, who are keeping us all going and safe.

Take care, keep safe and we all look forward to a much better 2021 - Paul



Cllr Paul Collins

EASTWOOD PARK CAR PARKS – ARE CHARGES COMING? Cllr Paul Collins was very concerned to read in the Council's budget 2021/22 a plan for the FREE Jones Corner and Pargat Drive Car Parks to have charges in future. Paul wrote to the Cabinet Member and Senior Officers and told them "I believe we have to look at this proposal in the current light of the lockdown and pandemic. Local businesses on our small out of town sites are closed and are watching the major retailers in the Superstores taking their business in their free car parks. We want people to Shop Local and we need these car parks to remain free to use!" Paul and Rob are very hopeful that we will win our argument – please keep an eye on our Facebook Page for updates.

**EASTWOOD'S NEW
FOOD BANK – P2**

Yes, there is some good news ...

New street trees explosion: Campaigner Rob McMullan & Cllr Paul Collins are pleased with the accelerated Tree Planting across Eastwood: "We've said it's one of our priorities to improve our environment – this shows we mean business."

More work on our parks: "As reported last year, we've also been working for improvements to local parks," says Rob. "That's continuing and we are delighted to report improvements for Eastwood, Dandies and Oakwood (right) Parks."

Rob adds: "The care taken over our Parks is clear and the new trees, shrubs, fencing and equipment are really welcome. Now we are at home much more, it is great to be able to walk around and see all these new additions for our community."



Rob McMullan with one of the new trees in Rayleigh Rd



Thank you! Cllr Paul Collins was pleased to be approached by a local couple who read in the last FOCUS about the request for new benches to be donated for our Parks.

Their new bench was installed recently and is a great addition to Eastwood Park. It is inscribed "Sit with us and enjoy the green space of Eastwood Park", so very true.

Cllr Paul Collins tries out the generously donated bench in Eastwood Park



CORONAVIRUS (COVID) HELP: KEY PHONE NUMBERS & WEBSITES

There are many ways of finding help and also offering support. These key phone numbers and websites may be useful if you have questions or need support during isolation.

Coronavirus help contact details: The main point of contact is Southend Council's Coronavirus Helpdesk on **01702 212497** (Mon to Fri 9am-5pm, Sat and Sun 10am-2pm)

The helpdesk can help with the following queries, among others:

- Do you need help with shopping? Have you run out of food and need help?
- Do you need someone to help with dog walking, or going to the post office?
- Where do I go for a COVID test, with or without symptoms?

Southend
Coronavirus
Action

Helpline:
Call us on 01702 212497

For non-COVID enquiries, please go to Southend Council's website, southend.gov.uk as usual

Do you need support following a bereavement? Please call Havens Hospices coronavirus crisis bereavement line on 01702 220321

Are you worried about you or a family member's mental health? Contact the NHS Mental Health Service for 18+. Dial 111 / select the option for mental health crisis. Or, call the Samaritans on 116 123



Eastwood Baptist Church Foodbank Nobles Green Road, Eastwood SS9 5YP

... are pleased to announce the opening of a new
Food distribution centre for those in need.

The Foodbank opened on 21st January 2021 and will open every Wednesday, 9:30-11:30am. They welcome the donation of food and sanitary items on Fridays 10:30-11:30am and on Mondays 3-4pm.

For more details on the types of products provided by the Foodbank (and, therefore, the type of donations they would welcome), go to <https://www.trusselltrust.org/get-help/emergency-food/food-parcel/>. If you need to obtain a voucher to use the Foodbank, please contact the Church for further information or go to <https://www.trusselltrust.org/what-we-do/how-foodbanks-work/>.

Need to organise shopping delivery?

Contact these supermarkets direct by phone:

Sainsbury's: 08009 534988

Morrison's foodboxes: 0345 6116111, option 5

Tesco: 08009 177359

Metrow Foods: 01702 527441

Waitrose: 01702 603403 or 0800 188884



CARECARS - Volunteer patient transport!

Do you need to get to a medical or a vaccination appointment? For all details call **01702 385125**.

Prescription Collection & Delivery

Do you need a prescription that also needs to be collected? Contact **NHS Volunteers 0808 196 3646** (your doctor can also make a referral on your behalf). Pharmacies currently offer a prescription home delivery service to all clinically extremely vulnerable residents in Southend. To find out if you qualify, or to arrange delivery of your prescriptions, please contact your local pharmacy

Pharmacy delivery services in Leigh-on-Sea:

- **Elms Pharmacy - 01702 474306**
912 London Road SS9 3NF
- **Belfairs Pharmacy - 01702 525123**
327 Eastwood Road North SS9 4LT
- **Boots Pharmacy - 01702 525604**
9-13 Rayleigh Road SS9 5UU
- **Morrisons Pharmacy - 01702 421314**
Western Approaches SS2 6SH



Business Grants & Support: Looking for support with business grants? please call 01702 215022. For other advice about your business, contact the Best Growth Hub on 01702 417765



Southend Emergency Fund

The Southend Emergency Fund, backed by £25,000 of Council funding plus £39,000 from its winter COVID grant, can grant

up to £3,000 to organisations working with clinically extremely vulnerable people & vulnerable families. For more information and an application form, visit <https://southendemergencyfund.org.uk>

The Fund welcomes donations from local residents & businesses

Eastwood Park Liberal Democrat Team - Here to Help!

Find us on Facebook: **Cllr Paul Collins & Rob McMullan Eastwood Park FOCUS team**



COUNCILLOR Paul Collins

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